



“Meet & Greet” Sheet

Description: This activity helps participants get acquainted. It creates an opportunity for participants to draw responses in four areas (family, hobbies, community, activities).

Goal: Participants will become more familiar with each other, while practicing a technique they can use as they facilitate learning as a volunteer.

Audience: all ages

Time Needed: 10-15 minutes

Supplies: “Meet _____” Sheet (one copy per person), markers, colored pencils, crayons, etc.

Directions:

1. Distribute “Meet _____” sheets. Ask participants to take 3-4 minutes to draw something about themselves in each category: 1) family, 2) hobbies, 3) activities, and 4) community.
 - Try to avoid using any words
 - Facilitators are encouraged to complete your Meet & Greet Sheet before the activity to have as an example.
2. Check in with participants on time to complete.
3. Depending on the size of the group – you can determine the best way to process:
 - **Large group:** have each participant introduce themselves and share something from one (or more) of the categories with the entire group
 - **Small groups:** break into smaller cohorts, and have each member of the small group introduce themselves and share something from one (or more) of the categories with the small group.
 - **Pair and Share:** Ask participants to find a partner (preferably someone they don’t know). Invite the partners to introduce themselves to the other, and share something from one (or more) of the categories. Encourage them to discuss, share, ask questions, etc. Allow 2-3 minutes for the pairs to discuss and learn. Come back together as a large group and ask partners to introduce each other while their partner holds up their Meet & Greet Sheet.

Facilitator Tip: The activities, hobbies and communities people share can provide YOU with wonderful background information about the participants. Pay attention to what they are talking about and sharing, as it may provide you an opportunity to further engage the volunteer in new and different roles based on their interest and passions.

MEET _____

FAMILY

HOBBIES

ACTIVITIES

COMMUNITY

