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•RCDF Field Day	
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WI Farm Fun Facts Did you know?	
• Wisconsin is the leading cheese producer, making more than 600 varieties.	
• Wisconsin harvests 200,000 gallons of maple syrup and 2.8 million pounds of honey annually.	
• Wisconsin's egg production generates about \$101 million and supplies 1.4 billion eggs.	
• Wisconsin leads the nation in cranberry production, growing more than half of the nation's supply.	
• Wisconsin Farms raised 5 million trout and produced 1.3 million mink pelts.	

Source: 2016 Wisconsin Farm Bureau Ag in the Classroom

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Research and resources in this newsletter are being provided by UW-Extension Agriculture Agents. Some of these articles may not be applicable to all readers. **The drought that occurred during August's extended period of warm and dry weather may have affected certain areas while others may have received localized precipitation or have irrigation available.** Feel free to contact us with questions

## Wisconsin Farm Center Offers Assistance to Farmers

Many farmers balance the needs of their family and farm above everything else, often ignoring their own needs. As farmers continue to endure an extended period of tough economic conditions, services are available to farmers and landowners that is free and confidential.

The Wisconsin Farm Center at the Wisconsin Department of Agriculture, Trade and Consumer Protection (DATCP) is there for farmers to call for guidance on finances, farm succession planning, and other issues they may be dealing with. Farm Center staff work with farmers and their families one-on-one to address each personal situation.

Farmers, whether beginning their career or nearing retirement, can experience challenging situations. Staff are able to walk through options with farmers about how to navigate difficult personal or financial situations. While at times, alternatives may seem very limited, sometimes an outside perspective can help bring light to possibilities.

Just as taking care of physical health is important, so is taking care of mental health. Those in need are encouraged to reach out for help and utilize available resources by calling the Wisconsin Farm Center at 800-942-2474. Staff are available Monday through Friday from 7:45 a.m.-4:30 p.m.

If there is a mental health emergency during non-office hours, farmers should contact 911 or the National Suicide Prevention Lifeline at 1-800-273-8255.

## 2-1-1 Resources Available in Wisconsin

Farmers can also reach out to a free and confidential resource for all Wisconsin residents. 2-1-1 Wisconsin is an information helpline and website that links people from all communities and ages to essential health and human services they need, 24 hours a day, seven days a week.

2-1-1 provides access to information and resources including utilities assistance, mental health services, financial and tax assistance, and health care information. You can reach the resource by dialing 2-1-1 on your phone from anywhere in Wisconsin or visiting [www.211wisconsin.org](http://www.211wisconsin.org). From there, residents are linked to information about local resources from both government and nonprofit organizations.

An EEO/AA employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title VI, Title IX, and the Americans with Disabilities Act (ADA) requirements. Requests for reasonable accommodations for disabilities or limitations should be made prior to the date of the program or activity for which it is needed. Please do so as early as possible prior to the program or activity so that proper arrangements can be made. Requests are kept confidential.