

Food Share: GetaQuestCard.org (877) 366-3635

Ruby's Pantry hosted by Shepherd of the Hill:

Registration 7:30—9:00 am. Food Distribution begins at 8:30 am. 2nd Saturday of the month. \$20 donation. Bring your own bags/boxes. www.rubyspantry.org

W2 Program:

(855)792-5439

Must have minor children in the home. **(888)283-0012**

Project SAM (Share a Meal)

(715) 235-2920

Weekend meal bags for children distributed by Stepping Stones through local schools—Head Start through high school.

Knapp Community Project Pantry (715)665-2310

508 Hwy 12W, Knapp. Emergency food for Knapp residents. Thurs 2-4pm & Fifth Sat. of the month 7-10am

Menomonie Farmers' Market: Wilson Park, Wilson Avenue by the bandshell: Local Produce

May - October: Wed. 11:00am-4pm, Thurs. 4pm-7pm, & Sat. 8am-1pm.

Tuesday's Table - Every Tues. 5pm-6pm;
St Joseph's Church; 10th St & Wilson Avenue

Thursday's Table - Every Thurs. 5pm-6pm
1st Congregational Church, 420 Wilson Avenue, Menomonie. You are invited to a free home cooked meal.

Food Harvest Ministry Food Distribution:

Distribution starts at 10am. Suggested donation \$20
Bring your own bags/boxes. No questions asked.
100% non-profit. **(715) 643-2350**

Boyceville—Third Saturday of each month at the Community Center.

Knapp—Fifth Saturday of the month in Knapp.

EDUCATION

Extension:

(715) 232-1636

Provides Education in Nutrition, community, parenting, budgeting, Agriculture & 4-H Youth Development.

Early Head Start/Head Start/All Day 4K:

(715) 235-9122 / (800) 352-6283

Early Head Start serves income eligible families from pregnancy to age 3. Head Start serves families with kids ages 3-5 including 4K, pregnant and parenting teens, and home visit program.

Chippewa Valley Tech College—Adult Basic Education, Computer Literacy, ESL, GED **(715) 233-5344**