

# Farm Couples Weekends



## ABOUT

Challenging economic conditions in agriculture can take a toll on farm families and rural communities. Are you a farm couple interested in learning about stress management techniques, improving farm family communications, and decision-making and goal-setting exercises? If so, consider attending a Farm Couples Weekend.

## SCHEDULE

- **January 18/19, 2020**  
Mineral Point
- **February 15/16, 2020**  
Wausau
- **February 29/March 1, 2020**  
Appleton
- **March 7/8, 2020**  
Waupun
- **March 21/22, 2020**  
Eau Claire
- **April 4/5, 2020**  
Rice Lake
- **Hours for all Weekends:**  
Saturday, 9:30 a.m.-7 p.m.;  
Sunday, 8 a.m.-3 p.m.

## REGISTRATION

Pre-registration and \$50/couple deposit required. Space is limited. Each Weekend is open to the first 10 couples who register and provide the refundable deposit.

**TO REGISTER:**  
<https://fyi.extension.wisc.edu/farmstress/farmcouples/>

For more information, call the DATCP Farm Center Helpline: (800) 942-2474

Hosted by the Wisconsin Department of Agriculture, Trade and Consumer Protection, and University of Wisconsin-Madison Division of Extension



**Extension**  
UNIVERSITY OF WISCONSIN-MADISON

An EEO/AA employer, Extension provides equal opportunities in employment and programming, including Title VI, Title IX, and the Americans with Disabilities Act (ADA) requirements.

