



*Dunn County
Association for Home &
Community Education*



**From our
President:**

Well, we are all practicing social distancing to stay safe. Did you ever in a million years think we would be in this situation?

Since most of our spring events were cancelled or possibly postponed, we will have to take a “wait-and-see” attitude regarding any other upcoming events. It was sad we had to cancel R.E.A.L. Saturday after all the planning and preparation.

It is with great regret that the Board accepts the resignation of our County Treasurer, Jayette (Jet) Giere. She has done a fantastic job of taking care of our accounts. But the good news is: we have been saved! Margaret Breisch, our County Secretary has volunteered to take over as Treasurer IF someone will step forward and take over her secretary duties. We will consider anyone who is willing to take minutes at the meetings. Can you step up to the plate?? Easy...just take minutes at meeting; print 12 copies; distribute at next meeting.

For the board meeting in May, I am working on a plan with Treasurer Margaret to hold a Zoom meeting where board members can sign into a video meeting or phone in to the meeting.

How are you coping with this pandemic? If you have any great ideas, email me and I will send a note out to other members.

Me? Since I cannot join my friends for coffee on Thursday, I have set up a “coffee meeting” for us on Zoom. We see each other on the screen, talk, and have coffee together. I tried FaceTime but have trouble with more than 2 people at a time. I also have been making teddy bears for my club project and face masks for those who will need them.

**IF YOU OR A MEMBER YOU KNOW HAS
EMAIL AND IS NOT RECEIVING THE
NEWSLETTER, CONTACT ROSALIE!**

Rosalie 😊

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*Life isn't about waiting for the storm to pass; it's
about learning how to dance in the rain*

- Author Vivian Green

CALENDAR OF EVENTS

May 6 Spring Fling -cancelled **July 22-26 DC Fair Book Sale?**
May 14 Spring District Meeting? **July 20 Board Meeting?**
May 18 Board Meeting?



It sure is a different time in our lives. I hope we find a vaccine and people follow the stay-at-home orders so there are no new cases and this pandemic is over soon. That's a large order. Hope we can get back to a new normal so we can be out and about. We are all complaining about being quarantined. Here is a quote I received on my iPad from a friend that I thought was good, "We are complaining about the quarantine period and curfews, but just remember, your grandparents and parents were called to war and you are being called to sit on the couch and watch Netflix. You can do this."

Our faithful readers read in March to Head Start in Menomonie. Thank you, Betty and Rosalind. Moundview 4K didn't read, as the teachers cancelled the readers. They were looking out for everyone's safety. Colfax Head Start was also cancelled. With schools closed, there will be no reading the rest of the 2019-2020 school year.

Our order for the books for the 2020-2021 school year is to be sent in by April 30th. Since we have three leftover books from this year, I am not going to order books for the next school year. It is so uncertain what's going to happen. We don't know if we will have a fair and our used book sale this

year. Grants will be hard to get as every non-profit will be out there looking for them. Clubs won't be meeting (or shouldn't be), so our funding will be decreased. At this point, we have about \$850 in our fund, which isn't a very good start, considering usual book orders are around \$3,428. That doesn't mean we shouldn't keep donating to our Bookworm fund so we are able to buy books for the 2021-2022 school year.

This is a very hard decision to make but I have talked to the county officers and they have agreed with me. When things get back to some kind of normal, this decision may be wrong and things may be better than I think, but we feel it's best to take precautions with such uncertainties at this point.

The children, teachers, parents, and readers will miss not getting eight sets of books, but three will be better than none. I wish to thank everyone for their support, but don't forget we want to stay in the program. It's a great program because some children don't have books and this way, they receive a few of their own. Our readers will miss the children because they have all been so dedicated because of their love for children and showing them how important reading is in their life.

Thanks again for all your support, keep it up. Be safe and stay well.
Nancy Doane

2020 WAHCE STATE CONFERENCE

There have not been any updates or changes to this event - yet.

Spring District Meeting

This meeting scheduled for May 14 at Faith Lutheran Church in Chippewa Falls will probably be rescheduled as an online meeting. When I receive an update, I will send it via email or check our NEW FaceBook page: HCE Dunn County.

JANUARY SPECIAL INTEREST MEETING. **"PSCHOLOGY OF MONEY"**

Adrian Klentz, certified financial advisor presented "The Psychology of Money" on January 27. Nine people attended with six clubs represented. Mr. Klentz was pleased with the attendance and the interest in this session. Thank you, club members!

FEBRUARY SPECIAL INTEREST MEETING **"PRE-PLANNING FUNERAL"**

This session held on February 24 at Sampson Funeral Home was a success! Nineteen attended with

six clubs represented including five nonmembers. Lots of questions were answered including prices and options for cremation, traditional funeral, and basic services. Did you know the prices increase significantly if services are scheduled on a weekend? Thank you for supporting our program.

I shall pass this way but once; any good that I can do or any kindness I can show to any human being; let me do it now - Etienne de Grellet

From Our New Treasurer

Jayette Giere found it necessary to resign as our county treasurer. In here resignation letter, she stated “My duties as MNI director for my church, bookkeeping duties for our business, and my Asst.Accountant position at REACH have proven to be enough for me to manage without the addition of the HCE Treasurer duties”.

I, Margaret Breisch, am replacing Jayette as treasurer. I have met with Jayette to ensure a smooth transition. Jayette kept careful records and will be missed as our treasurer.

Future dues and other donations should be sent to Margaret Breisch, N6820 539th St, Menomonie WI 54751. Email: breischm@gmail.com Phone: 715-235-7124. Thanks, Margaret

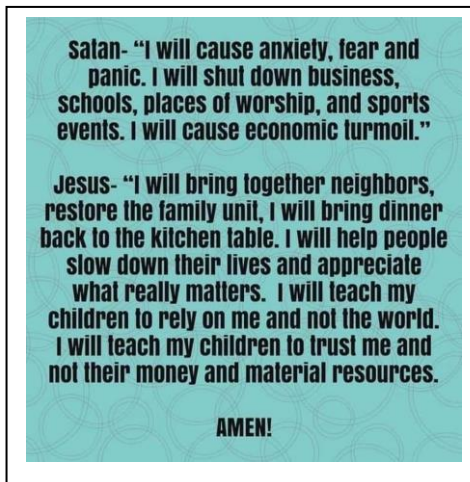
This too shall pass – Persian saying

- NEW!! -

HCE ON FACEBOOK

Dunn County HCE now has its own FaceBook page: HCE Dunn County. If you are on FaceBook, please look at it

and give it a “like”. It will contain event information and pictures (some there already). The Newsletter will soon be added: not sure if it will be the actual newsletter or just a link. Michelle at Extension Office is helping us, but you know that is on hold now.



RE: HCE CLUB MINUTES

(This is a repeat from last issue) Please submit your club minutes to Center Chair. Some of you send minutes directly to Rosalie. That's ok, too. What you do in your club gives others ideas for speakers and activities in their clubs. Your community donations and volunteering may encourage others to volunteer and make donations. We all need new ideas to keep our clubs relevant, welcoming, serving our communities and fun!

Club Notes

East Center By Julia Woodford
ELK MEADOW
(no submission)

CEDARLINGS

Jan: The club donated a set of books for Bookworms in honor of Rita Kothlow for her many years of service as our club president.

Cultural Arts: Julia d'Angelo-Woodford shared information and a video of the Irvine Park Christmas Trolley Ride. The trolley is picked up at the Micon Cinema in Chippewa Falls. We could use this for club outing next Christmas.

Health: Melanie Yager reported the Mayo Clinic is offering a free 3-week session on “Mind Over Matter: Healthy Bowel, Healthy Bladder.” The Mayo Clinic is also offering free Strong Bones classes at the Senior Center. International/Public Information- Melanie Yager reported on a proposal that would only count eligible voters for census purposes. Children and non-citizens would not count. States with the most children and non-citizens lose representatives in congress.

What's Happening in the Menomonie Area- Vicki Maves gave a report on upcoming events at the Mable Tainter Theater.

We discussed possible club outings. Ideas included picnics in a park such as Wakanda or Hoffman Hills.

Feb: Health-Jeanette reported Mayo Clinic is suggesting those who have previously been identified as having an allergy to penicillin be retested. The allergy may no longer exist and penicillin is a low cost antibiotic. The retest costs \$1,500 and it is unclear if insurance would pay for it.

International – Public Information: Melanie Yager reported on efforts to limit carbon dioxide in the air. If everyone became a vegetarian yet continued to eat dairy and eggs, carbon dioxide in the air would be stable. If they eliminated either

dairy or eggs, carbon dioxide in the air would decrease. If we eat 90 oz. of cooked meat a day, carbon monoxide would be way beyond safe limits. We should limit ourselves to 4 oz of cooked meat per day.

What's Happening in the Menomonie Area- Vicki Maves shared a handout listing upcoming events in the Menomonie Area. It included events at the Mable Tainter, the Menomonie Public Library, fundraising events and special dinner events. Many of the events are free.

Mar: Due to concerns about COVID-19, we canceled our March meeting.

CADDIE WOODLAWN
(no submission)

North Center By Geri Bates
TANTER

Jan: Rosalind had us do the exercises that she learned at Strong Bones. We talked about the Holiday Tea held in December, three members attended. Mary Ellen won one of the prizes. Our Christmas Party was cancelled due to the weather.

Rosalind and Betty Riek will be reading for Book Worms again this year with Yoon Hur being our sub. Teresa Stark retired from reading for Book Worms and we thank her for the time she spent reading and enjoying these little children. Dues were collected.

We talked about the responsibilities of an HCE member. We will be collecting books for the book sale at the fair again this year. We filled out our 2020 Program Books. Talked about the Newsletter and all the things coming up. Two members

will attend What Lies Beneath The Psychology of Money on Jan. 27th.

Rosalind suggested we give a monetary gift to Bookworms.

Feb and Mar - no meetings.

Following are notes of what they did during those two months: Two members attend "The Psychology of Money" in Jan. and one attended the Preplanning a Funeral in February. Rosalind and Betty Riek read for Bookworms. We had our Valentine's Luncheon at the Family Restaurant on February with our husbands also attending. We had a short meeting and also welcomed Christie Pittman to our club.

Our deepest sympathy to Dorothy Pecha in the loss of her husband Bob. We attended his funeral.

POPPLE CREEK

Jan: Lana distributed a paper from a letter from " The United Way" on poverty and Asset Limited, Income Constrained, Employed (ALICE) households that earn more than the poverty level, but less than the basic cost of living for the county. Total number of households and the percentage of ALICE, plus poverty for each municipality of the county was included. A discussion was held on food pantry needs and concerns, pop-up pantries and policies. Some children in the lower elementary grades in Colfax are receiving weekend food packages for the family.

Program books were filled out. The Psychology of Money will be held Jan 27th with 3 members attending. If interested, you still may register.

We continue to read to Head Start. Activity sheets are on the

WAHCE web site.

Masters Gardeners will present a program Mar. 7th in the a.m. Native plants in Your Landscape and Small gardens will be topics. Register through the Extension Office.

Secret pal names were drawn We had one visitor attend and invited her to join if interested.

Feb: No meeting

Mar: REAL Saturday was discussed. We still have time to register.

Kathy shared a thank you card from Social Services for the quilts they received from our club. She had made several more and continues this project. We thank Kathy for all of her efforts in this project of love.

Pennies For Friendship were collected. Connie told about the Master Gardeners seminar on Saturday. We received many good suggestions on how to help provide our own healthy produce from our own gardens no matter how small they are.

Healthy Life Style Survey sheets were handed out, to be returned in May. Photo Release Form was handed put and signed by members.

Geri told about the Pre-planning Funeral Seminar held at Sampson's Funeral Home. We are pleased with the large turnout of 18 people. Jodi and Dana provided much important information on planning and how to prepay through an insurance type policy if you were interested. The attendees had many questions that helped us to understand the importance of checking into this. Jodi said, anyone who would like additional

information, make an appointment with her to discuss any more questions.

We were told of the positive feedback of the Passing Quilt that the Popple Creek HCE presented to the funeral home in the fall. It has been used many times and brings comfort to the family.

We will present The Psychology of Money at a later date.

The Corona Virus was discussed and how to be safe. There was also a lengthy discussion on dementia and how we can help.

BAXTERVILLE

Feb: Leader training at Sampson Funeral Home on Monday February 24th @1 p.m. on planning a funeral. Marilyn is planning on going.

Melissa presented the quilt for 2020 and we will be doing an acorn. More to follow on the quilt.

Mar: At our February meeting we took up a food pantry collection. It was delivered to the Prairie Farm food pantry by Joe Boesl. Margie Wiseman called and thanked us for the donation.

New Business: Robin made a motion to donate \$50 to WI book worms.

Activity: Cork Hot Pad

West Center By Rosalie

WEBER VALLEY

Jan: At our December Christmas party, we put together cookie platters to deliver to the local elderly shut-ins. Thank you notes for cookies were read. Previously 50-60 lbs. of pop tabs had been donated to the Ronald McDonald House. An additional 12 lbs have been collected for donation. Local

Elmwood businesses and citizens have been dropping tabs off at The Longbranch (owned by our member Kathy Rupakus and her husband). Thank you to Keen's Kurbside for 3 lbs. of tabs. We welcomed guest Felicia Harnish, potential new member to our meeting. Two of our members will attend Master Gardener program on March 7 (Native plants and small space gardening). Because President and Vice President are unable to attend Feb. meeting, we took a vote and decided to have a meeting to make teddy bears for donation and upcoming craft fair.

Feb: No formal meeting. We did our craft project of sewing and stuffing teddy bears.

Mar: Brief description of February's unofficial meeting. Karla brought completed teddy bears and Jean brought embroidered teddy bears.

Discussion ensued on what to do with the teddy bears? Suggestion made to have a craft and bake goods sale. Try selling the bears and what is left over donate. Charlet gave a brief report on Master Gardner seminar. She said it had record attendance and everyone received a door prize. Felicia Harnish is now an official new member. She enjoys line dancing at the Moose Lodge in Menomonie on Tuesday evenings. If you like to dance, please join her. Next meeting is April 13th at 1pm at The Longbranch. Felicia will be acting hostess.

Rosalie gave a presentation on Preplanning for a Funeral. She talked about funeral trusts, the money put into this trust is earmarked for funeral services and no government agency can touch it. A standard burial funeral service runs on average \$12000. This includes 1 day, casket,

obituary, flowers, food, and embalming. The burial plot and head stone are separate. A basic cremation with no extras costs about \$2500. A full cremation, \$4000, includes a viewing, rental of casket and the cremation.

My Self-Isolation Quarantine Diary

- Day 1 – I Can Do This!! Got enough food and wine to last a month!
- Day 2 – Opening my 8th bottle of Wine. I fear wine supplies might not last!
- Day 3 – Strawberries: Some have 210 seeds, some have 235 seeds. Who Knew??
- Day 4 – 8:00pm. Removed my Day Pajamas and put on my Night Pajamas.
- Day 5 – Today, I tried to make Hand Sanitizer. It came out as Jello Shots!!
- Day 6 – I get to take the Garbage out. I'm So excited, I can't decide what to wear.
- Day 7 – Laughing way too much at my own jokes!!
- Day 8 – Went to a new restaurant called "The Kitchen". You have to gather all the ingredients and make your own meal. I have No clue how this place is still in business.
- Day 9 – I put liquor bottles in every room. Tonight, I'm getting all dressed up and going Bar hopping.
- Day 10 – Struck up a conversation with a Spider today. Seems nice. He's a Web Designer.
- Day 11 – Isolation is hard. I swear my fridge just said, "What the hell do you want now?"
- Day 12 – I realized why dogs get so excited about something moving outside, going for walks or car rides. I think I just barked at a squirrel.
- Day 13 – If you keep a glass of wine in each hand, you can't accidentally touch your face.
- Day 14 – Watched the birds fight over a worm. The Cardinals lead the Blue Jays 3-1.
- Day 15 – Anybody else feel like they've cooked dinner about 395 times this month?

