



*Dunn County
Association for Home &
Community Education*



**October-November-December
2020 Issue**

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SUPPORTED BY:

**Dunn County UW-Extension
3001 US Hwy 12 E, Suite 216
Phone: 715-232-1636
Fax: 715-231-6687**

**Stephanie Hintz
Human Development &
Relationship Educator
smhintz@co.dunn.wi.us**

**Michelle Bachand
Support Specialist
mbachand@co.dunn.wi.us**

*Life isn't about waiting for the storm to pass; it's
about learning how to dance in the rain*

- Author Vivian Green

President Note:

So glad to hear that HCE is alive and well. Thank you for sharing how you are keeping your clubs active in very creative ways. It is so important to keep in touch; to keep connected; and to be aware if one of our members or neighbor needs help: an encouraging call, a surprise meal drop off, a pickup from the pharmacy or grocery store.

The HCE board has continued to meet to guide our organization and keep it relevant. As you know we have lost the Palmer Club which has dropped our number to below 100 for the first time in many years. This puts a burden on fewer clubs to sustain our Bookworms and high school scholarship programs. For now, we are ok, mainly because we do not have the expenses of state and district meetings, even though we are unable to have the annual used book sale fundraiser.

However, since we are now down to 8 clubs in our county, the board has voted to reduce the number of club centers from 3 (West, East, and South) to 2 centers (North and South). See article on page 2 of this newsletter.

Hope you all enjoy our new feature where we acknowledge any donations and contributions. This is not only to keep you informed but to encourage us to support each other.

I welcome any comments or suggestions, as well as random contributions in the form of pictures or articles for the newsletter.

Rosalie 😊

CALENDAR OF EVENTS

October Board Meeting – tba

Raffle Drawing – December 7, 1:30 pm, Denny’s Restaurant



September has been a beautiful month with a few rainy days, but, on the whole, beautiful. On one of those beautiful days, the HCE board met at Julia Woodford’s lovely yard for a board meeting where we could stay a safe distance from each other. Nine board members were present including our past president Chris Lorenzen. We had a great meeting with a couple of changes that you will read about in the newsletter.

We are having a raffle with a quilt made by Chris, a meat certificate from Cut-Rite Meats and some baskets. The tickets were handed out to someone from the clubs that were present. The raffle tickets are used for the scholarship fund which is in need of money. This money is used for UW-Stout or Chippewa Valley Technical College scholarships and also to send representatives to District and State meetings. It’s very important that we sell or buy these books of tickets. Our membership has gone down because we have less clubs. You may not need a quilt but only one person can receive it and you can find someone to give it to, just think of that money as a donation.

Our used book sale is for Wisconsin Bookworms so remember a donation of money is

always welcome. It is a way to honor friends or a memorial for a loved one. Our book program is on hold right now. We have three books left from last school year that we couldn’t read because of the schools being closed. We hope we can read them face to face at some point this school year. I don’t know when we can and I am waiting to see after the teachers get settled in their classrooms to see if we can read to the children. Our purpose is to interact with the kids. The readers have missed reading to them. Wisconsin Bookworms is a great program and we hope to continue it.

Thank you for your support in giving books to our used book sale which we hope we can have, for your monetary support, reading, and buying books.

Nancy Doane

HCE IS ON FACEBOOK!

If you are on Facebook, please look up HCE Dunn County and give it a “like”. It will contain event information and pictures. This Newsletter will also be available on this FB page.

REORGANIZATION OF DC HCE CENTERS

Since we now have only 8 clubs in our county, the board has voted to

have 2 centers instead of 3. This will be effective October 1, 2020:

North Center

Baxterville
Ideal
Popple Creek
Tainter

South Center

Caddie Woodlawn
Cedarlings
Elk Meadow
Weber Valley

SPRING DISTRICT MEETING

Correction! North Center will NOT be hosting the 2021 SDM.

2020 DC HCE SCHOLARSHIP

Update on this award. Scholarship winner, Emma Levendowski, from Menomonie High School has completed her first semester at Stout this summer. The Board has approved early award of first half of the \$500 amount. A check for \$250 has been sent to Emma.

At our September Board Meeting, Christie Pittman gave us a demonstration of fingers knitting with velvet yarn



HCE CLUB NOTES

Please submit your club minutes to your Center Chair. Some of you send minutes directly to Rosalie. That's ok, too. What you do in your club gives others ideas for speakers and activities in their clubs. Your community donations and volunteering may encourage others to volunteer and make donations. We all need new ideas to keep our clubs relevant, welcoming, serving our communities and fun!

Club Notes

East Center by Julia Woodford

CEDARLINGS

We held a social distancing summer picnic in the back yard of Julia D'Angelo Woodford's home. Husband's were included.

Since the Dunn County Fair had been canceled, we held our own mini-fair. Members brought exhibits as if they were being entered at the fair.

We began with a pot-luck. Members were asked to bring a dish that started with one of their initials. After the pot-luck, activities included bingo, guess the number of Mr. Goodbars in a jar, and wine & cheese tasting.

We then checked out the exhibits. Everyone was given a tally sheet to rank each exhibit for each category.

1st Place winners were:

- Baking - Julie Kettner
- Flowers - Vicki Jess
- Vegetables - Joyce Kettner
- Honey - Julia D'Angelo Woodford
- Stuffed Animals – Margaret Breisch

Creative Writing - Larry Jess
Miscellaneous - Rita Kothlow
Vintage Truck - Larry Jess
Unique hats - Vicki Jess

Angel Woodford than sang an original song she wrote – “Butterflies”. She accompanied herself with a ukulele.

We ended with the wet t-shirt contest. We each brought t-shirts and dipped a corner in a bucket of water. We then held them up for voting. Julia D'Angelo Woodford won first place, Vicki Jess second, and Jim Woodford and Larry Jess tied for third.

After the event, anyone who wanted to donate their exhibits left them on a donation table. Free will offerings were given by those who wanted to take home a donated item.



North Center By Rosalind W Popple Creek – August

We had a picnic in the park, each bringing sack lunch. Discussed the pandemic and cancelling of HCE activities for remainder of the year. We voted to donate \$50 to DC Scholarship fund. Three members also donated to this fund. We have a few members making face masks for Head Start and elementary school children – we have donated 220 masks. Thank you to the 3 ladies that helped with this project. A member has made some hospital gowns, quilts and fleece hats to be donated to organizations in need of such items.

Popple Creek – September

We ate sack lunches brought by each member to eat at our 1 pm Sunday meeting. The treasurer collected dues for 2021 and Pennies for Friendship. Maureen collected money for raffle tickets of those attending. Chris has sewn the quilt and it is beautiful.

We decided to have a Kitchen basket for our club's contribution to the raffle. We will let Kathy Follendorf know what we will contribute to the basket to avoid duplicates and there will be a nice array of items. Lana will bring wild rice, a can of mushrooms and a recipe using these items. Geri will bring a brownie mix and frosting.

With the contributions of three

members of the club plus the \$50 voted from our club, there was enough money to cover the scholarship.

Lana presented program on the Psychology of Money where we completed our money personal coat of arms, selected our own money personality type, and saw how we could alter our reaction and plans to achieve more balance in money management. Geri shared info of a Pain Medicines program she attended. It focused on prescription opioids and what can go wrong and other pain medicines. Safe disposal of unused medications was also discussed.

Connie told of repurposing deck floorboards into building a new barn door which she constructed and making pallets for storing wood for the stove.

Geri shared that the school children at the in Menomonie were excited to receive masks made by some of the members of the club. The counselor reported that the children were wearing them at school.

Tainter - March

Jan. Teresa Stark, Betty Riek attended the "Psychology of Money". Feb. We celebrated Valentines Day with our husbands at Our Family Restaurant. We welcomed our new member, Christie Pittman to our Tainter HCE Club. Teresa attended the LTM "Preparing for a Funeral".

Due to the Covid 19 virus we have not held a meeting since

March, until further notice.

Marge and Dennis Mc Cabe have been collecting books for Book Worms for the Dunn County Fair. Marge has continued to send birthday, get well and sympathy cards to our members. Marge sent "Penny's for Friendship" to Margaret Breisch.

Betty, Marge and Rosalind contributed to our theme basket, "Safer at Home" filled with activities used at home.

Betty and Rosalind plan to continue reading for "Book Worms" at Head Start when it is considered safe. Thank you's were sent to us from Nancy Doane and the teacher at Head Start, which were much appreciated. A monetary gift was sent to Book Worms.

Teresa, Betty and Lloyd, Marge and Dennis attended the "Senior Safety" lesson.

Edna Wilsey, has decided to discontinue her membership after being a loyal member of the Tainter Club for 61 years. Edna has held offices, in the past as president and secretary. She attended most meetings, unless the weather was not good. Edna always knew what was needed at the next meeting. We enjoyed her insights of past days in our club. We will miss her very much.

West Center By Rosalie

Weber Valley-September

Held at Elmwood's Butternut Park. It was a beautiful day but those pesky Ladybug type beetles were biting us! President Charlet Keenlyne asked for suggestions to hold meetings during the colder months ahead. It was decided to meet at Denny's and have lunch at our October meeting. We sure missed each other. Raffle tickets were handed out.



IDEAL - September: Ideal HCE held its first meeting in months due to the pandemic. Becky Kneer hosted the meeting in her open-air garage. Elaine reported on the Executive Board Meetings that she has attended. Raffle tickets were handed out. The raffle drawing will be held on December 7 at Denny's Restaurant. The new centers were discussed and reported that Ideal will now be part of the North Center. Our members are waiting for guidelines from HCE about Leader Training, etc. The Holiday Tea will be cancelled for this year.

ARE YOU ON TRACK?

Are you or a loved one experiencing distress over the worldwide pandemic? Accepting the change Covid 19 has brought to our lives can be a challenge.

The world is different from what we knew as 'normal'. So how do we move forward? How we handle our daily life is up to us.

Here are a few steps to help keep us on track.

- **Live in the moment** – Don't rush, relax, take one day at a time and be grateful
- **Take care of your body** – Eat healthy meals, exercise or take a walk, keep a routine and get enough sleep.
- **Take breaks** – Make time to unwind, try taking a few deep breaths, read, maybe dance or enjoy the outdoors, journal, smile and be happy.
- **Avoid or limit news media exposure** – It can be upsetting listening about the pandemic. Be aware of rumors; check your sources of information.
- **On track** – Maybe it's time to recharge? Do you need to get on track again, start to focus on your personal well-being? The one person you can change is you.
- **Seek help when needed** – Are you anxious or depressed? Sometimes we get stuck and need assistance. If talking to a friend or family member hasn't helped, please seek outside help. You do not have to do this alone!

Alaine Sonnenberg, HCE VP for Programs
and Professional Coach victoryconsulting.com

RAFFLE TICKETS UPDATE

All raffle tickets have been distributed to members – 15 books to each of our 8 clubs. Please sell as many as you can. This is our only fundraiser this year. A huge thank you to Chris Lorenzen for donating this beautiful quilt. Our other prizes include the \$100 meat certificate for Cut-Rite Meats and baskets
Let Rosalie raffle tickets



some wonderful theme
donated by our members.
know if you need more



Bookworms Donations - Deposits Jul-Sep

<u>Date</u>	<u>Donated By</u>	<u>Amount</u>
07/27/20	Lynn Dummer In honor of Lynn & David Dummer's 50 th wedding anniversary	\$25.00
07/27/20	Nancy Doane	\$25.00
09/28/20	Janet Creaser in honor of three birthdays: Elaine Villeneuve (April birthday) Virginia Grohn (May birthday) Nancy Doane (September birthday)	\$75.00
09/28/20	Elk Meadow HCE in memory of Marsha Meyer	\$25.00
09/28/20	Virginia & Luther Grohn in memory of Marsha Meyer	\$25.00
09/28/20	Elaine Villeneuve in honor of Nancy Doane's birthday	\$25.00
09/28/20	Elaine Villeneuve in honor of Virginia Grohn & Janet Creaser	\$50.00

Scholarship Donations – Deposits Jul-Sep

07/27/20	Nancy Doane	\$25.00
09/16/20	Popple Creek HCE	\$50.00
09/16/20	Geri Bates	\$25.00
09/16/20	Chris Lorenzen	\$25.00
09/16/20	Margaret Breisch	\$25.00

HCE Board Members:

Rosalie Werner – President
 Vice President – **vacant**
 Secretary – **vacant**
 Treasurer – Margaret Breisch
 VP for Programs
 Alaine Sonnenberg
 VP Family & Community
 Outreach – June Braford
 International & Citizenship
 Valerie Johnson

Marketing/Membership

Christie Pittman
 Historian – Elaine Villeneuve
 WI Bookworms – Nancy Doane
 Ad Hoc – Maureen Scott
 Area Chairmen:
 North – Geri Bates and
 Rosalind Wyndveen
 East – Julia d’Angelo-Woodford

PLEASE, PLEASE: Can anyone help fill the vacant positions? It is difficult for any organization to run without everyone pitching in.

Also, if you would like to submit a memorial for a member or introduction of a new member, please send picture and info to Rosalie: wernerr@uwstout.edu