

## **FOOD & NUTRITION**

### **Dunn Co. DHS-Aging & Disability Resource Center:**

**(715) 232-4006**

Home delivered meals, senior meal sites, liquid nutritional supplements.

### **Senior Commodities Food Box: (715) 235-2920**

Free monthly government commodities food box for income-eligible people, age 60 and above, distributed at Stepping Stones. Also available through WestCAP in Boyceville: **(715) 977-1191**

### **WIC Program: (715) 232-2498 / (888) 332-5768**

Supplemental food program for women, infants, and children. Offers health screening, nutrition education, and breastfeeding support. Provides vouchers for specific foods.

### **Stepping Stones Food Pantry: (715) 235-2920**

1602 Stout Road, Menomonie. Mon., Thurs. & Fri: 11am-2pm, Tues & Wed: 3pm-6pm Sat: 10am—Noon Provides food and personal care items to low-income residents of Dunn County.

### **Stepping Stones Free Produce Fridays**

Every Friday (except holidays) - 2:15pm-4pm

Free produce distribution, open to anyone in need of fruit & veggies. Patrons are asked to bring their own bags or boxes. For more info, email [foodpantry@steppingstonesdc.org](mailto:foodpantry@steppingstonesdc.org)

### **Stepping Stones & Feed My People Mobile Pantries:**

Patrons are asked to bring their own bags or boxes. For more info, email [foodpantry@steppingstonesdc.org](mailto:foodpantry@steppingstonesdc.org)

-First & Third Thursday of each month (except holidays). 11:30-12:30 at the Sand Creek Arts Building, E3911 Cty Rd I

2:00-3:00 at the Ridgeland Community Center, 200 Diamond St

-Second & Fourth Thurs. of each month (except holidays) 11:30-12:30 in Downsview, New Hope Lutheran Church.

N2698 460th St

2:30-3:30 in Colfax at Viking Bowl, N8590 State Rd 40

### **WestCAP Food Access/Resource Center:**

**(715) 977-1191**

823 Main Street, Boyceville. Thurs. 3pm-7pm and Fri. 9am-1pm. Open to residents of Boyceville and Glenwood City School Districts who are at or below 185% of the Federal Poverty Level. Choose Stepping Stones or WestCAP Pantry.

### **Caring Ministries Food Pantry: (715) 704-9571**

Emergency food for residents in Colfax postal code or school district. By appt. only.

### **Elk Mound: Shepherd of the Hill Church Food Pantry**

Provides food to those in need.

**(715) 879-5115**

Tues. 4pm-6pm & Fri. 10am-Noon or by emergency appt.