



*Dunn County
Association for Home &
Community Education*



April-May-June 2023 Issue	
Inside this Issue	
2	-Bookworms -Reports on ADRC Session and REAL Saturday -SPRING FLING INFO
3-4	-Scholarship Winner -Club Notes -In Memoriam- Marilyn Score
5	-Donations - HCE Member and Board info - In Memoriam-Bea Jensen -Directions to Dean and Sue's
6	INTERNATIONAL NIGHT INFORMATION
7	SPRING FLING REGISTRATION FORM Deadline is April 20!

SUPPORTED BY:

Dunn County UW-Extension
Phone: 715-232-1636
Fax: 715-231-6687

Luisa Gerasimo
Human Development &
Relationship Educator
lgerasimo@co.dunn.wi.us

*If you think you can – or if you think you can't
.....you're right! Henry Ford*

Note from our President:

We have our Program Books! Yay! Many thanks to Rosalie Werner for all the hard work she put into getting them ready for printing.

We have had a reorganization of our board with Rosalie Werner stepping down as Dunn County HCE President. I am serving as the new president with Vicki Maves replacing me as the treasurer. Janine Thull is also joining the board as our Scholarship Chair.

Thankfully Rosalie is remaining on the board as past president and communications chair. She will be compiling the newsletter and helping me fulfill my duties as president. It is always challenging doing something for the first time.

We will be holding our first International Night since the pandemic. It will be held April 20th at Cedarbrook church. The focus country will be Pakistan.

Spring Fling will be held May 4th at Dean and Sue's. We will recognize years of service and present certificates. We also are inviting members to bring crafts they have made since last September. Our county can submit 12 entries plus a bonus category to the WAHCE state convention coming up in September. More details will be forwarded to members in a separate email.

Margaret Breisch breischm@gmail.com

HCE IS ON FACEBOOK! If you are on Facebook, please look up HCE Dunn County and give it a "like". Contains event info, newsletter, and pictures.



CALENDAR OF EVENTS

April 20 – Thurs, 5:30pm, Cedarbrook Church, INTERNATIONAL NIGHT

May 4 – Thurs., 5pm, Dean and Sue’s SPRING FLING (Dinner 5:30)

May 11 – Thurs., 1pm, Rm 60, Gov Ctr. Exec Board Meeting

Allow me to introduce myself, I’m Normetta Hurlburt from Elk Meadow HCE. I have been a member since 1989. I have agreed to be the Coordinator for the Bookworm Program for Dunn County. I am still learning exactly what that entails. I have been reading at Elk Mound’s Moundview Elementary for the Pre-K’s for many years. I enjoy seeing the smiles on the children faces and the excitement as they begin to recognize words in their new books. Their enthusiasm for learning is unlimited. This is just such a wonderful program!

I would like to take this opportunity to thank Nancy Doane for her many years as Coordinator of Bookworms. She has spearheaded and supported Bookworms in a most spectacular way. Her shoes will be difficult to fill, but I will try to do my best. Thank you, Nancy, for a job well done from DC HCE!

I was told by Geri Bates that Colfax will not be continuing in this program next year due to not having a pre-K program in the fall. Geri will still be working with securing grants to keep Bookworms going. A huge thank you to her as well. I also wish to thank Janine Thull for working in Menomonie to find readers and read herself for the Head Start program in Menomonie.

Remember to keep your used books for the Used Book Sale at

the Dunn County Fair, July 26-30, 2023. Also, any donations or memorials are gladly accepted and greatly appreciated to keep our program going as well. Should you need to contact me regarding the Bookworm Program, my email is hurlburts@markhurlburt.com or my phone # is 715-879-5105.

ADRC Meeting Report-Feb. 28

ADRC Services for Seniors (an others) presented by Tracy Fischer, ADRC Manager. 12 members and one spouse attended. ADRC (Aging and Disability Resource Center) serves seniors over 60 years of age and the disabled over age 18. ADRC is the central point of access for these groups – directing those in need where to go to get the services they need. ADRC is located in the Gov. Building. There is no cost for meeting with a benefits specialist. Call 715-232-4008 for info.

REAL Sat. Report Mar 18

This event was attended by 8 members plus 2 guests. Deb Stewart showed us how to make paper beads. Geri Bates led us in making greeting cards and Margaret Breisch lead wine cork trivet making. Bingo was very popular with Julie Kettner winning the most games. We ended with our pot-luck lunch.



Playing Bingo and having snacks



Making cork trivets



Making greeting cards with Geri

SPRING FLING IS MAY 4!
DEAN&SUE’S, 5PM - SEE
REGISTRATION PAGE 7
Registration Deadline – April 20

We are having this event a little earlier this year so that you can drive home before dark. We are all asked to bring donations for our speaker’s mission: Only private donations help support this Facility. There is no government funding. Patti will send a receipt if you wish to have one. This is a non-profit 501(c)(3) Tax Deductible Registered Charity.

Spring Fling – continued

HCE Board will be there to help serve our members who need this help. Dinner charge is \$15.00. Please mail check by April 20 deadline!

Crafters, quilters, photographers, knit- and crocheters, artists, etc. – please bring your items to be judged for entry in the WAHCE State Conference.

Also, years of service awards will be presented to our members.

HCE 2023 SCHOLARSHIP WINNER

The HCE Scholarship Committee selected Benjamin Bystol, a senior at Menomonie High School as the winner of the \$500 scholarship. He has been on the honor roll throughout high school and was inducted into the National Honor Society in his junior year. Ben has been involved in football, baseball, ski club, band, Skills USA and other groups. He has done nearly 100 hours of community service during his four years of high school mostly coaching youth athletes. Ben plans to attend University of Wisconsin-Stout majoring in Business Admin. and hopes to own his own business someday. He also plans to play football for UW-Stout.

Scholarship Committee
Janine Thull (Ideal), Chair
Becky Kneer (Ideal)
Maureen Scott (Popple Creek)

CLUB NOTES - NORTH CENTER

Ideal-Feb: The club met and the majority of the meeting was spent on sharing more detailed information on the upcoming spring events including REAL Saturday, International Night, Spring Fling, Bookworm Project and the Scholarship

Committee. Very helpful information was shared regarding the ADRC presentation from February 28. Everyone enjoyed catching up with each other.

Ideal-Mar: The club met and the majority of the meeting was spent on sharing more detailed information on the upcoming spring events including REAL Saturday, International Night, Spring Fling, Bookworm Project and the Scholarship Committee. Everyone enjoyed catching up with each other.

Popple Creek-Jan: Treasurer's report- our club donated \$56.00 to Pennies for Friendship last year. Members donated funds for the Raffle Club Basket for the Holiday Tea that Geri put together. Members shared positive impressions from the Club Christmas party and The Holiday Tea. We planned our club meetings for the year. Collection taken for Wildlife Rescue and Rehab and Pennies for Friendship. Connie read "Dust If you Must" and Maureen read "Alzheimer's Request" about suggestions for dealing with those having the disease. Geri shared 10 lifestyle changes to help prevent dementia: avoiding head injuries if possible, eating a healthy diet, walking and exercise, use device to retain balance and prevent falls, stay in social contact situations, get adequate rest and keep mind active playing board and mind/paper games.

Popple Creek-Feb: Geri reported that our executive board now has new officers. Maureen Scott of Popple Creek has accepted membership on the Scholarship Committee.

Due to lack of staff, the Head Start students in Colfax will no longer be read to by our members. The teacher will read the remainder of this books to the students when they go to school for their once a month play day. There will be no Head Start in Colfax next year.

Geri secured a grant from Woods Run of Colfax, for \$100.00 for next year's Bookworm Project. We discussed ideas for a club trip this summer.

Barb shared an article of a man who tried to avoid plastic for one day. Everything from paper money, to toothpaste and toothbrushes have plastic. What a "wake-up call". It was almost impossible to get through a day without coming in contact with something containing plastic.

Popple Creek-Mar: We discussed a road trip and hope to have more precise info in April. Collected Pennies for Friendship and supplies for Rehab and Release with Patti.

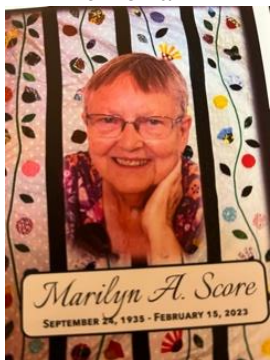
We will discuss a change in our project more in April. It is important to have a project since this is what HCE is about-Home and Community Service.

Geri read a 1950's version of an e-mail poem which identified what I do instead of Facebook. How true!

Nancy read an article on The Seven Worst Habits for the Brain. Being negative, skipping vaccines, unhealthy eating and sleeping habits, cranking up the headphones, some medicines we need to take for chronic diseases and lack of sense of purpose. All good things to think about.

Baxterville – Jan-Mar:

~In Memoriam~



Our Baxterville club lost a valuable member on February 15th when Marilyn Score passed away. She was one of our first members and belonged to our club for 65 years. Marilyn was a true leader and an eager volunteer for any of our projects. She was an avid quilter and shared her skill with all of us. We often kidded her for using the color yellow in her quilt squares. Our club makes a quilt each year and this year, it will be very yellow in her honor. As a group we recited the Homemaker's Prayer, as per her request, during her funeral. Rest In Peace Marilyn - We will miss you.

Baxterville- So far, this year has been spent discussing our new quilting project and service ideas we are exploring. We did a fun potting project for our March meeting with succulents.



McKenna, Amber and Lesley Working on their beards.



Terry and Robin splitting succulents



Our finished gnome projects

CLUB NOTES - SOUTH CENTER

Cedarlings-Jan: Our club Christmas party was held Jan. 18 at Exit 45. We played Christmas trivia and bingo. We also had an optional gift exchange and Christmas card exchange.

Cedarlings-Feb: Cultural Arts: Julia d'Angelo Woodford shared information concerning the 2023 Cultural & Textile Arts Show & Contest categories.

Health: Vicki Jess reported obesity is one of our biggest health risks. The importance of drinking plenty of water was discussed. Being dehydrated causes the brain to think we are hungry. You will eat less when fully hydrated.

Safety – Joyce Kettner reminded us we need to be careful to watch for ice under water during this time of changeable weather.

International/Public Info: Melanie Yager shared information on FLUVONA. It is a combination of having the flu and Covid. The word comes from “flu” flu “V” virus and “ONA” from corona. There are concerns about hospitals becoming overcrowded with patients that get the flu on top of Covid. It is important to protect ourselves as much as possible by getting our flu shots.

Cedarlings-Mar:

Correspondence: Christie Pittman shared the “Homemakers of America Song Book – Wisconsin Edition” from 1958. It includes the “Onward, Ever Onward” song found in our program books. However, instead of words only, it includes the music. Margaret and Julia will figure out how the melody goes.

Safety: Joyce Kettner reported we need to be careful backing out our cars in parking lots – some cars speed through without noticing you. We also need to watch out for potholes.

Cultural Arts: Julia reported there is a “Homemakers Creed of the Home Legion” by Betty Crocker written in the 1920s. It speaks of homemaking being a noble career requiring many skills. The creed can be found in older Betty Crocker cookbooks. **International/Public Info:** Melanie Yager reported International Women's Day was March 8. She reported President Biden has 11 women in his cabinet of 24.

Samantha Power served as U.S. Representative to the United Nations under President Obama. She now serves as Director of the U.S. Agency for International Development. She works with an annual budget of

\$63 billion.

Special Project: Melanie has been checking out what help we can provide for the new homeless shelter being built by Stepping Stones. There are

many decisions that need to be made concerning the facility before we will get a list of things we can do to help.



2023 DONATIONS
January – March

Donation to Bookworms:

2/1/2023	Elk Meadow	\$150.00
2/1/2023	Geri Bates	\$25.00

Member and Board Information

Board meetings are held every other month on the 2nd Thursday in Room 60 of the Government Services Building. All members are welcome to attend these meetings. The next one will be on May 11. The main topic will be the used book sale at the Dunn County Fair. Board members who are unable to attend are encouraged to ask another member to attend in their place.

HCE Board Members:

President – Margaret Breisch 715-235-7124
 Vice President - Julia d’Angelo-Woodford
 Secretary – Elaine Villeneuve
 Treasurer – Vicki Maves
 Marketing/Membership - Christie Pittman
 Historian – Elaine Villeneuve
 Bookworms – Normetta Hurlburt
 Rosalie Werner –Past President and Communications
 Scholarship Chair – Janine Thull

North Center

Chair: Geri Bates
gcrafts@yahoo.com
 Baxterville
 Popple Creek
 Ideal

South Center

Chair: Julia d’Angelo-Woodford
minds.eye.enterprises@gmail.com
 Elk Meadow
 Cedarlings



In Memoriam

Beatrice Jenson – April 15, 1934 – March 23, 2023

Long-time beloved member of Homemakers and HCE, Bea Jenson passed away at the age of 88 . She was a very active as many of us long-time members will remember. She was a member of the dissolved Weber Valley HCE Club. HCE Members Nancy Doane (Elk Meadow), Elaine Villeneuve (Ideal), Janet Creaser (prev. Caddie Woodlawn), and Virginia Grohn (Elk Meadow) were among the honorary pallbearers.



*Note: Directions to Dean & Sue’s: Take Broadway South (Highway 25) in Menomonie past the old movie theater and Acoustic Café to Highway 29 intersection (light). Turn right on Highway 29 (about 2 miles est.) and turn left on Midway Road. Go to the end of Midway Road and Dean and Sue’s is right there!



When you arise in the morning, think of what a precious privilege it is to be alive---to breathe, to think, to enjoy, to love,
-Marcus Aurelius-

International Night

When: *Thursday, April, 20, 2023*
Where: *Cedarbrook Church, N6714 470th St Menomonie, WI*
Time: *5:30 PM*
Country: *Pakistan*
Speaker: *Waqar Azeem from Pakistan*

No need to register – But please join us for an evening of food, camaraderie, and first-hand info about another country!

Our guest speaker will educate us about Pakistan.

**Please bring a Pakistani dish to pass for every four people attending. There are recipes on the internet.
As always, feel free to bring along a neighbor, relative or friend to join us!**

Flag of Pakistan

The national flag of Pakistan was adopted in its present form during a meeting of the Constituent Assembly on August 11, 1947, just three days before the country's independence, when it became the official flag of the Dominion of Pakistan. It was afterwards retained by the current-day Islamic Republic of Pakistan. The flag is a green field with a white crescent moon and five-rayed star at its centre, and a vertical white stripe at the hoist side. Though the green color is mandated on as "dark green", its official and most consistent representation is Pakistan green, which is shaded distinctively darker.



2023 Spring Fling

Thursday, May 4, 2023, 5pm, (dinner 5:30pm)

Dean & Sue's Bar

2002 Midway Road

Menomonie, WI* (directions on pg. 5)

**5:30 pm Dinner Buffet Menu catered
by Sarah Tischman**
**Ham, Chicken, Cheesy Potatoes, Mixed
Veggies Salad, Fruit, Cheesecake
Dessert with Cherry topping, Coffee,
Water and Deviled Eggs!**



**BRING YOUR CRAFTS, ART WORK,
CROCHETING, KNITTING,
QUILTING, PHOTOGRAPHY
PROJECTS TO THE SPRING FLING
FOR JUDGING. TOP-JUDGED
ITEMS CAN BE SUBMITTED TO
THE WAHCE STATE CONFERENCE.**

**ENTRY FORMS WILL BE
AVAILABLE. AND SENT THROUGH
SEPARATE EMAIL. CATEGORIES
ARE VERY SPECIFIC.**



**Speaker: Patti Stangel from Wildlife
Rehabilitation and Release, Inc.**

Please bring needed donations for her mission: **Newspapers, Bird Seed, Suet, Apples. Soft nuts (walnuts, cashews) Cash donation, or Kwik Trip Fuel cards.** She is on the road a lot picking up injured animals and birds.

Also, peanut butter, cream corn, Pedialyte, heating pads, tarps, laundry soap, bleach, and white paper towels.

**WE WILL HONOR OUR MEMBERS,
RECOGNIZING THEIR YEARS OF
SERVICE AND RECOGNIZING OUR
NEW MEMBERS! THANK YOU ALL!!!!**

=====

2023 SPRING FLING REGISTRATION

DEADLINE IS APRIL 20!!!!

NAME _____ **PHONE** _____

ADDRESS _____

CLUB _____ **AMOUNT ENCLOSED: \$** _____

Please make check payable to: **Dunn County HCE** **Cost: \$15.00/person**
Send check to: **Margaret Breisch, N6820 539th St., Menomonie, WI 54751**